

BIOGRAPHICAL SKETCH

JANE MIDDELTON-MOZ, M.S.

Middelton-Moz Institute

Jane Middelton-Moz resides in Vermont. She is the Director of the Middelton-Moz Institute, a division of The Institute of Professional Practice, Inc., a large multi-state not-for-profit human service organization. Ms. Middelton-Moz also serves on the advisory board of the National Association for Native American Children of Alcoholics. She has a Master's degree in Clinical Psychology and more than twenty-five years of experience in consultation and training. She has held numerous direct service, management and executive positions in community agencies.

Ms. Middelton-Moz is an internationally known speaker and author, who has appeared on national television, including Oprah, Maury Povich, Montel Williams shows, the Discovery Channel and has had her own PBS special. She is recognized for her work on the effects of multi-generational grief and trauma on individuals, families and communities, ethnic and cultural awareness, anger, cultural self-hate, differential diagnosis, values in the workplace and in families, empowering employees and creating positive work place environments. She is the author of ***Children of Trauma: Rediscovering Your Discarded Self***, ***Shame and Guilt: Masters of Disguise***, ***The Will to Survive: Affirming the Positive Power of Human Spirit***, ***Boiling Point: Dealing with the Anger in Our Lives***, ***Boiling Point The Workbook***, and ***Welcoming our Children to a New Millennium***; and co-author of ***After the Tears: Reclaiming the Personal Losses of Childhood***, ***Bullies: From the Playground to the Boardroom-Strategies for Survival***, ***The Ultimate Guide to Transforming Anger and Values from the Front Porch***; Remembering the Wisdom of Our Grandmothers.

PRESENTATIONS FOR BUSINESS AND CORPORATIONS*

- Workplace Violence; Understanding Cause and Prevention
- Bullies: From the Playground to the Boardroom – Stopping Bullying in the Workplace
- Dealing with Difficult People in the Workplace
- Empowerment and Productivity in Difficult Times
- Celebrating Our Differences: Diversity in the Workplace
- The Positive Workplace; Getting Rid of Negativity
- Values and Ethics in Successful Corporations

*Your needs come first.

The Middleton-Moz Institute will customize and personalize training and consultations to meet the specific needs of your corporation.

GENERAL PRESENTATION TOPICS

- Bullies: From the Playground to the Boardroom, Strategies for Survival
- Boiling Point: The High Cost of Unhealthy Anger
- The Painful Dance: Bullying in Relationships
- Keeping the Circle strong: Healing Isolation, Disconnection and Anger
- From Nightmare to Vision: Healing Family Violence
- Shame and Guilt: Masters of Disguise
- Of Kings and Queens and Haunted Castles: Shame in Relationships
- After the Tears: Reclaiming the Personal Losses of Childhood
- Children of Alcoholics: Multigenerational Grief in the Alcoholic Family
- A Pioneering Effort: Adult Children of Trauma and Parenting
- Panic Attacks: The Window to the Frightened Child
- From Legacy to Choice: Healing the Effects of Generational Trauma
- Dime stores, Bakeries, Bingo and Booze; Healing Addictions
- Bulimia: Shame and Perfection, Interrupting the Cycle
- Coming Home: Healing the Effects of War for Veterans and their Families
- Legacies of Pain and Silence: Suicide Prevention and Healing the Effects of Suicide
- The Will to Survive: Affirming the Positive Power of the Human Spirit
- What our Grandmothers Told Us or Didn't: Healthy Sexuality
- Healing the Effects of Cultural Self-Hate
- Rebuilding the Circle: Healing Lateral Violence
- Legacies of Pain, Strength and Silence: Healing the Effects of Residential School

- The Loud and Painful Silence: Healing from Sexual Abuse
- Double Stigma: Healing the Effects of Sexual Abuse in the Family
- Sexual Abuse and Sexual Assault
- Vanishing Values and the Wisdom of Our Grandmothers

COMMUNITY INTERVENTION

Helping Communities Heal from the Effects of Violence, Suicide, Natural Disasters, War, Sexual Abuse and Sexual Assault and Historical Trauma. Community Interventions include; Assessment, Intervention, Training, Community Development and Empowerment.

- Who Cares for the Care Giver – Helping the Healers in the Aftermath of Natural and Man Made Disasters